

Moving on Mental Health

ABOUT: The Renfrew County Mental Health and Addictions plan aims to improve Mental Health and Addictions services for everyone in our community.



We received feedback before creating this plan. Some of the concerns we heard were:

- We don't know where to go to access mental health services
- We want quick access to services
- We don't want to have to tell our story over and over again
- We want coordination between service providers/agencies
- We don't want to fall through the cracks

Target Communities

Communities where specific improvements in mental health and addictions services need to be made:

- Francophone
- Military
- First Nations

Target Populations

We are seeking feedback from:

- Service Providers
- Caregivers
- Youth

Every Door is the Right Door →

No matter where you go, you can be helped

Renfrew County Mental Health and Addictions Plan

Moving on Mental Health

Some Key Recommendations to Improve Mental Health and Addictions Services in Renfrew County

- Every agency will have a common consent form for clients
- Workers at agencies should be knowledgeable of all community resources and programs or know where to find that information.
- Have a web-based map for all mental health and addictions services in Renfrew County
- To have a transition plan for youth moving to adult services
- Every agency will adopt the “Every Door is the Right Door” policy
- Explore and implement innovative models to increase access to services. These could include: E-Service (online help), mobile clinics (that travel to different communities), community hubs (space in your community to access resources).
- All agencies will highlight the two Renfrew County specific crisis lines (youth line and adult line) in all brochures, handouts, websites, Facebook pages, etc.

First Nations/ Aboriginal

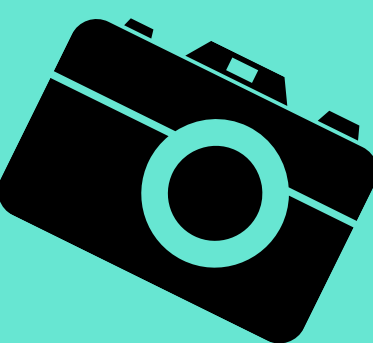
- Diversity training for all service providers working with First Nations communities
- Establish a process for consulting Elders
- Map all services for First Nations/ Aboriginal communities

Francophone

- Designated service providers should have an orientation to French Language Services and Francophone community needs (within the first six months)
- Recruit and retain bilingual employees
- Make translation services available and affordable for agencies

Military

- Military 101 training (an introduction to military life) should be taken by all service providers dealing with the military community
- Make military families aware of the services they're eligible for



Renfrew County Mental Health and Addictions Plan